

MT RIDLEY COLLEGE

SPORTS SPECIFIC PROGRAMMES

SOCCER
BASKETBALL
TENNIS



Have heaps of fun in the sun with your friends while working on a range of dynamic and active skills in one of these Sports Specific programs

END OF YEAR CHEER DANCE



It's the end of the year and it's time to cheer! Combining Hip Hop and Cheerleading to create a new and fresh routine in our high intensity, excitement-filled programme.

GYMNASTICS



This fun fast paced, highly active and non-stop program is an introduction for your child to the world of gymnastics.



BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU



SPORTS SPECIFIC PROGRAM

TERM 4 2019 INFORMATION

DANCE PROGRAMME

TERM 4 2019 INFORMATION

GYMNASTICS PROGRAMME

TERM 4 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

This term we have 3 separate sport specific programs!

Soccer - Monday's

Basketball - Wednesdays

Tennis - Thursdays

These program will include the following:

✓ Skills Practice ✓ Match Play ✓ Modified Game

For Prep – Year 4 students.

\$88 FOR 8 WEEKS, 3:20PM TO 4:20PM

Sign up anytime and only pay for the remaining weeks left in the term

PROGRAM: Soccer

START DATE: 21st October

END DATE: 16th December (No session Nov 4th)

PROGRAM: Basketball

START DATE: 23rd October

END DATE: 11th Decemeber

PROGRAM: Tennis

START DATE: 24th October

END DATE: 12th December

BOOK EARLY & SAVE

Use the voucher code 'SPRING10' before October 7th to receive a 10% discount

Programmes run weekly on one day a week for one hour.

This terms dance will include the following:

✓ New Routine ✓ Weekly Steps ✓ Dance Games

✓ Cheerleading Theme ✓ End of Term Performance

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep – Year 4 students.

\$88 FOR 8 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Tuesday's

START DATE: 22nd October

END DATE: 17th December

TIME: 3:20pm to 4:20pm

No Session Nov 5th - Melb Cup Day

BOOK EARLY & SAVE

Use the voucher code 'SPRING10' before October 7th to receive a 10% discount

Programmes run weekly on one day a week for one hour.

This term Gym will include the following:

✓ Sits & Holds ✓ Jumps & Landings ✓ Modified Games

✓ Rhythmic Gymnastics ✓ Cartwheels & Handstands

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep – Year 4 students.

\$88 FOR 8 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Monday's

START DATE: 21st October

END DATE: 16th December

TIME: 3:20pm to 4:20pm

No Session Nov 4th - Curriclum Day

BOOK EARLY & SAVE

Use the voucher code 'SPRING10' before October 7th to receive a 10% discount

GET IN TOUCH

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