



**KELLY  
SPORTS**  
LIFE LONG LOVE OF SPORTS

**TERM  
1**

**\$12 Per Session**  
Prep to Grade 6



## **KELLY SPORTS PROGRAMS ARE AT YOUR SCHOOL!**

**LUNCH TIME  
PROGRAMS**



**AFTER SCHOOL  
PROGRAMS**



**HOLIDAY PROGRAMS,  
BIRTHDAY PARTIES  
AND MORE**

To enrol & to find out what programs are being  
offered at your school, go to  
**[www.Kellysports.com.au](http://www.Kellysports.com.au)**  
& search for your school or postcode.

**KELLY SPORTS GREATER BALLARAT**

..... **FIND US ON**    .....

**FOR SPECIAL OFFERS!**

[www.kellysports.com.au](http://www.kellysports.com.au) to find out what programs are being offered at your school this term

## GYMNASTICS & CIRCUS

Lunch Time Program

Twist, flip and leap into an exciting **Gymnastics & Circus Program** with Kelly Sports! This fast paced, highly active non-stop program is an introduction for your child into the world of Gymnastics and Circus tricks. Colourful ribbons, hula hoops, spinning plates, juggling scarfs, diablo's, sits, supports, jumps & group dynamics will be sure to improve co-ordination, balance and muscle strength all in a fun & exciting environment!

## HIP HOP

Lunch Time Program

Move, groove, spin and bop to the sound of cool hip hop beats alongside our very experienced Kelly Sports dance instructor. Your child will have a fantastic time learning new moves and putting together a class routine to perform in the end of term assembly in our high intensity, excitement-filled dance environment.

## CALISTHENICS

Lunch Time Program

**Calisthenics** combines the elements of dance and movement including gymnastics, ballet, modern dance and apparatus (rods & flags). Your child will improve their balance, flexibility and muscle strength in our fun-filled Calisthenics class as well as learning a routine choreographed to music, to perform at the end of term assembly. Calisthenics encourages physical development, coordination, self-discipline & team spirit.

## MULTI-SPORTS

After School Program

Kick, bounce and smash your way into our famous Kelly Sports Multi-Sports program! Each term we aim to introduce children to the wonderful world of sports whilst improving Fundamental Motor Skills, co-ordination, balance and awareness. Kelly Sports covers all sports; Soccer, Footy, Cricket, Tennis, Basketball, Netball, T-Ball, Hockey, Touch Rugby, Frisbee, Volleyball, European Handball and much more. Our sessions focus on fun, enjoyment and maximum participation.

## OUR STAFF:

- Fully trained and qualified
- Working With Children Checked
- Locally based
- Ratio 1:14

**MISSION:** To give children of every ability a life long love of sport.

**ENROL ONLINE NOW!**

.... [www.kellysports.com.au](http://www.kellysports.com.au) ....

For any enquiries contact  
**Jarrold 0434 377 472**  
[jarrod@kellysports.com.au](mailto:jarrod@kellysports.com.au)