

FUNDAMENTAL SKILLS PROGRAM



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INFORMATION

FOR PARENTS

FUNDAMENTAL SKILLS PROGRAM

Programmes run weekly on one day a week for 45 minutes.

The Kelly Sports Fundamental Skills Program teaches children the fundamentals of sport with an emphasis on teamwork and social skills. This sports program is all inclusive with high participation in a safe and fun environment.

BENEFITS FOR CHILDREN

- Develops critical fundamental motor skills
- Encourages children to associate physical movement and activity with fun and learning
- Fosters social interaction skills such as co-operation, sharing, taking turns, supporting, working in a team and encouraging others
- Skills learned will assist in development and transition into Junior School sports programs

This term we will focus on the following incorporating cricket:

✓ Running

Catching

Jumping

✓ Throwing

7 WEEK PROGRAM FOR \$70

When: Wednesdays 3:30pm-4:15pm

Where: Junior school oval

Commencing: 12th February 2025

Concluding: 2nd April 2025 (no session 19th March)

For Children aged 3-4 years

Website: kellysports.com.au/events

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