



VIDEO SPORTS CLASSES

TERM 2



Stay connected, have fun and keep active while playing a range of dynamic and active sports this term.

BOOK ONLINE NOW AT

 **KELLYSPORTS.COM.AU**

FREE 30-40 minute video sessions

This term we will focus on the following sports:

- ✓ Soccer
- ✓ AFL
- ✓ Basketball
- ✓ Cricket
- ✓ Netball

These recorded videos will give the kids the opportunity to continue to practice their sporting skills, in the comfort of your own backyard..

Benefits of participating in our video sessions

- Develops critical fundamental motor skills
- Encourages children to associate physical activity with fun
- Develops concentration and listening skills

What Equipment will I need for the session?

- You will need minimal equipment for the video sessions, as we use household items everyone has at home

BOOK ONLINE AT WWW.KELLYSPORTS.COM.AU

Search by Postcode 5000 at Find Events on our website for the FREE Multi-Sports Video Series Adelaide

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