

## KELLY SPORTS ADELAIDE METRO



**KELLY SPORTS**  
**A-MAZING RACE!**  
Your next OSHC excursion!

FROM ONLY  
**\$15 +GST**  
PER PERSON

Based loosely around the TV show, this programme provides a fun activity for children while exploring the sites of the Adelaide Botanic Garden.

### Amazing RACE

The Kelly Sports A-Mazing Race is loosely based around the TV show and provides a fun activity whilst exploring the sites of the Adelaide Botanical Gardens.

- Pass through various check-points and challenges along the way
- Individual OSHC groups or form an OSHC cluster
- 2.5 - 3 hours in duration
- Survival kit and bandanas included

During the School Holidays, Kelly Sports Adelaide were kept busy facilitating our A-Mazing Race for OSHC groups throughout the beautiful Adelaide Botanical Gardens. The children had the opportunity to form teams, with a team colour and creative team name with their OSHC team leader. Groups were given clues and questions that could be answered from displays and scenery around the gardens. The children also completed challenges along the way including a bean bag toss challenge, sack race, obstacle course and pass the hoops challenge. This event gave the kids the opportunity to get out and about during the school holidays, while maybe learning a thing or two about our beautiful city.

We are looking forward to running more A-Mazing Races during the next school holidays with some new OSHC groups!

## 2019 BIRTHDAY PARTIES



### Birthday Parties

22nd December – Happy Birthday Tyler



### 6th January – Happy Birthday Hudson

Scott was our coach and he was great with the kids. The kids were engaged the whole time."

## TEAM SPORTS COACHING

This term saw Kelly Sports Adelaide coaching over 50 sporting teams across 7 colleges including Pulteney Grammar, Immanuel College, Christian Brothers College, St Michael's College, St Peter's College, St Peter's Woodlands Grammar and Scotch College. Specialised sports coaching was also provided to the junior primary students at Prince Alfred College. Sports coached this term were cricket, basketball, tennis, volleyball, softball, tee-ball, athletics and cross country.

### PULTENEY GRAMMAR SCHOOL

#### CRICKET

"The year 4/5 Pulteney cricket team were an incredibly enjoyable bunch of kids to work with this term. Although the win/loss column may not have been in our favour, I could not fault the boy's effort and endeavour to never give up and keep taking the game as deep as they possibly could. Trainings and games were well supported by Pulteney staff and parents making my coaching role very easy, I would like to thank all the parents that helped out with scoring and games even though they may not have experienced this before. By the end of the term there were vast improvements from each individual with each member of the team stepping up with either their batting, bowling or a couple of outstanding efforts in the field. Something that I was incredibly proud of with this team was their ability to support their bowlers in the field with loud encouragement and an enjoyment of being out in the field with their mates, which as any cricketer would know is one of the most important parts of the game. It was fantastic to see this coming out in kids so young and will ensure that their love of the game and passion will continue as they grow. It was my pleasure to coach this team this term."

- Ben Francis, Kelly Sports Coach



### CHRISTIAN BROTHERS COLLEGE

#### CRICKET

"The CBC Kanga cricket team was a delight to work with this term. All of the boys showed tremendous improvement throughout the term which started to show in the Saturday morning games. The boys trained on Wednesday mornings during the term where numbers were consistently high. We practiced batting, bowling and fielding initially before introducing skills like running between the wickets whilst batting and relay throwing whilst fielding.

These skills started to show through the matches as the boy's teamwork improved to a whole new level which then translated to their individual skills and team results.

Overall, all the coaches loved working with the boys, parents and staff from CBC and we thoroughly enjoyed seeing the progressions made with their cricket skills."

- Scott Barabas, Kelly Sports Coach



### ST PETER'S WOODLAND'S GRAMMAR SCHOOL

#### CRICKET

"This term I was again fortunate enough to coach the Yr 4/5 boys cricket at St Peter's Woodlands as I did last year. It was wonderful to be able to continue to assist with the improvement of the players from last year as well as to help those players having their first experiences at that level. Throughout the term everyone improved and it was clear on game day as we managed to string together some great wins towards the end of the term. More important than the results on the field, the players as a collective consistently played the game in the right spirit throughout the term. Their attitude at both training and matches was excellent and I am looking forward to another positive term when the season resumes later in the year."

- Michael Adams, Kelly Sports Coach



### SCOTCH COLLEGE

#### VOLLEYBALL

"The Scotch Navy Volleyball team was a pleasure to work with. The girls worked as a team at trainings and games, and immensely improved. Throughout the season the girls were challenged head on with some more experienced teams but they constantly didn't let this scare them. By the end of term, the girls learnt valuable volleyball skills which will help them with their development throughout their career. It was great to witness the journey the girls took throughout the season. I was very fortunate to coach this team and enjoyed watching them become very successful, individually and as a team."

- Bri McLean, Kelly Sports Coach



## SPORTING SCHOOLS

# SPORTING Schools

Kelly Sports Adelaide ran two Sporting Schools softball programs over Term 1 – at Mylor Primary and Aldinga Beach Primary. This program also ran at a variety of schools throughout 2018.

Our accredited coaches can come to your school at a time that best suits the school, be it before, during or after school. Kelly Sports Adelaide can also provide Volleyball and Badminton Sporting Schools Clinics.

## ST TERESA'S SCHOOL SPORTS DAY

The last day of Term 1 was celebrated at St Teresa's School with Sports Day! The coaches assisted the students with relays, hurdles, vortex throwing, bocce, and an obstacle course!



## LITTLE HEROES 'BUILDING DREAMS HOME' FAMILY OPEN DAY

Little Heroes Foundation, with Finesse Built, constructed a Building Dreams Home, which was auctioned on 7th April 2019. All proceeds from this auction were donated to Little Heroes Foundation. Kelly Sports Adelaide were invited to the Family Open Day to entertain the kids while anyone who was interested (buyers and/or supporters of the cause) could have a look around this beautiful home. Michael and Ian entertained the kids with the AFL handball target, totem tennis, golf putting and ten pin bowling. Kelly Sports Adelaide also donated \$50 to Little Heroes Foundation for every kids birthday party booking made.



Kelly Sports Adelaide Metro Owner – Ian Barnes and Coaches Co-ordinator Michael Adams



Ian Barnes with Anna Meares (Australian Track Cyclist/Olympian), Chris McDermott (Little Heroes Foundation), Glenelg SAWFL players and Brendon Teys (Adelaide 36ers)

## KICKSTART FOR KIDS NO BREAKFAST, BREAKFAST

Kelly Sports Adelaide were again invited to the No Breakfast, Breakfast at the end of 2018. Ian, Michael, Sam and Sharda provided some fun and free activities for students to enjoy before going to school. The most popular activities were the AFL Handball target, parachute, tug-of-war, soccer and foam hockey!



Ian Barnes, Michael Adams, Sharda Nettle and Sam Kirby

## RAJAH RESERVE SPORTS PROGRAM

The Rajah Reserve Sports program – with City of Marion Council - allows children aged between 5 to 16 years to experience energetic and highly active coaching sessions. Experienced coaches aim to develop and enhance the skills of your child while also improving strength, flexibility, spatial awareness, co-operative skills and teamwork.

The Term 1 program involved a basketball clinic. Term 2 will be a volleyball program!



## SPORTS VOUCHER

Kelly Sports participants can claim a \$100 discount on their fees with the Sports Voucher initiative administered by the Government of South Australia. This includes Kelly Sports Multisport and Dance Programs.

# CONGRATULATIONS

## Coach of the Term



**SCOTT BARABAS**

Coach of the Term



**Ben Francis**

Rookie Coach of the Term

(Photograph with Kelly Sports Adelaide Metro Franchise Owner – Ian Barnes)

Congratulations to our Kelly Sports Coach of the Term – Scott and Rookie Coach of the Term – Ben, for their fantastic efforts in Term 1. Both Scott and Ben show great coaching skills, and engage with the kids they coach incredibly well. Well done!

# CONGRATULATIONS

## Stars of the Term

Our Sizzling Summer Sports program ran throughout Term 1, with sports including cricket, tee-ball, athletics, hockey, lacrosse and touch football. Our Kids Stars of the Term were awarded by their Kelly Sports coaches for always attending Kelly Sports sessions with a great attitude and giving 100% in the activities and games.



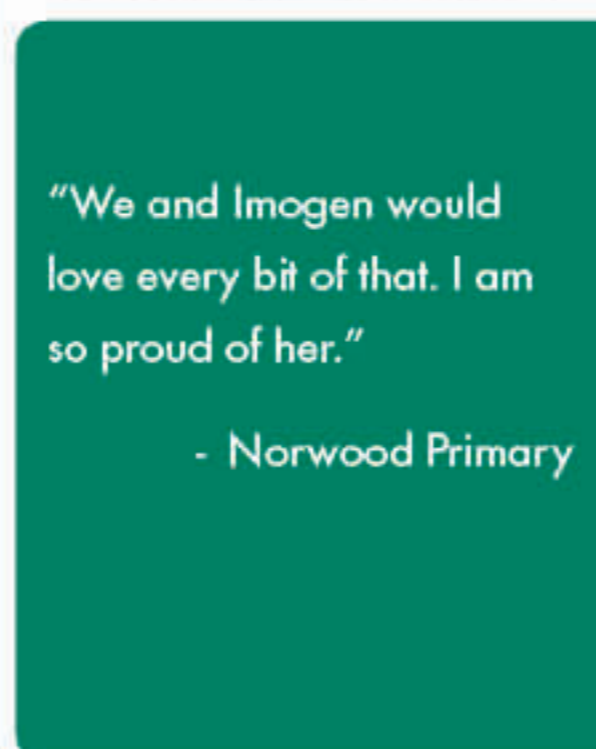
"Wow, that is a bit of a proud mum moment! Max has really enjoyed Kelly Sports this term and will be super chuffed with this award."

- Mitcham Primary



"We are very proud that Nathan has been nominated for the Star of the Term award due to his positive attitude."

- St Peter's College



"We and Imogen would love every bit of that. I am so proud of her."

- Norwood Primary



"As a parent, we are so happy and proud of our daughter Mishti. It's great to hear that she is doing good throughout the term and developing great skills that will help her in the future. Really thankful and appreciate the Kelly Sports team for your efforts."

- Walkerville Primary