



Gymnastics

Templestowe Valley P.S

Term 3 2025

PROGRAM INFORMATION

This weekly programme gives children gymnastic-specific skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for gymnastics and the life skills that such involvement brings – giving them confidence to join gymnastic clubs and teams in the future.

AGE GROUPS

Prep to Grade 4

SESSION DETAILS GYMNASTICS

**COST: \$18 PW+GST
9 WEEKS**

DAY: TUESDAY'S

TIME: 1.10PM – 2.10PM

START DATE: 22ND JULY

END DATE: 16TH SEP

**STUDENTS WILL LEARN
NEW HOLDS, FLIPS,
ROUTINES, JUMPS AND
SKILLS**

- **LEARN NEW GYM SKILLS**
- **UNDERSTAND GYM-SPECIFIC RULES AND MOVEMENTS**
- **GAME BASED ACTIVITIES AND ROUTINES**
- **BUILD CONFIDENCE TO JOIN COMMUNITY GYMNASTIC CLUBS**

***Families are welcome to enrol at any stage of the program & pay for the weeks remaining.**

**FURTHER INFORMATION IS
AVAILABLE AT:
WWW.KELLYSPORTS.COM.AU**

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 www.kellysports.com.au/lvanhoe



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